

Make Herbal Remedies That Actually Work

And Taste So Good Your Kids Will BEG You For More!





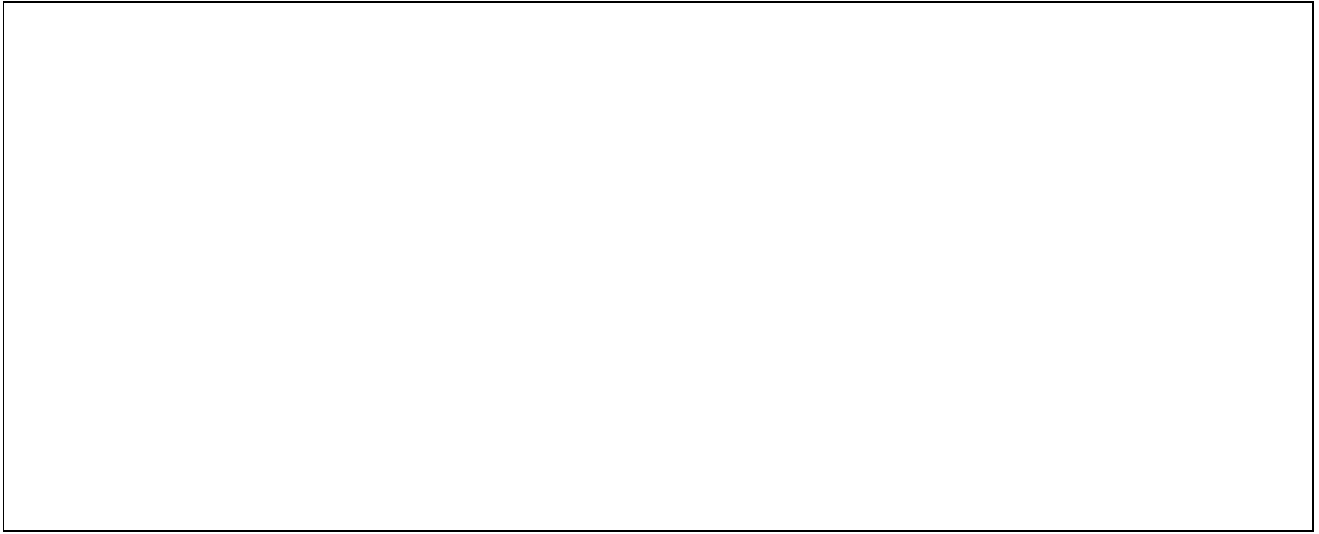
What drives you to make your own herbal remedies?

What are the steps to formulating your good medicine?

What is an herbal action?



Why do these "actions" matter?



What are herbal energetics?



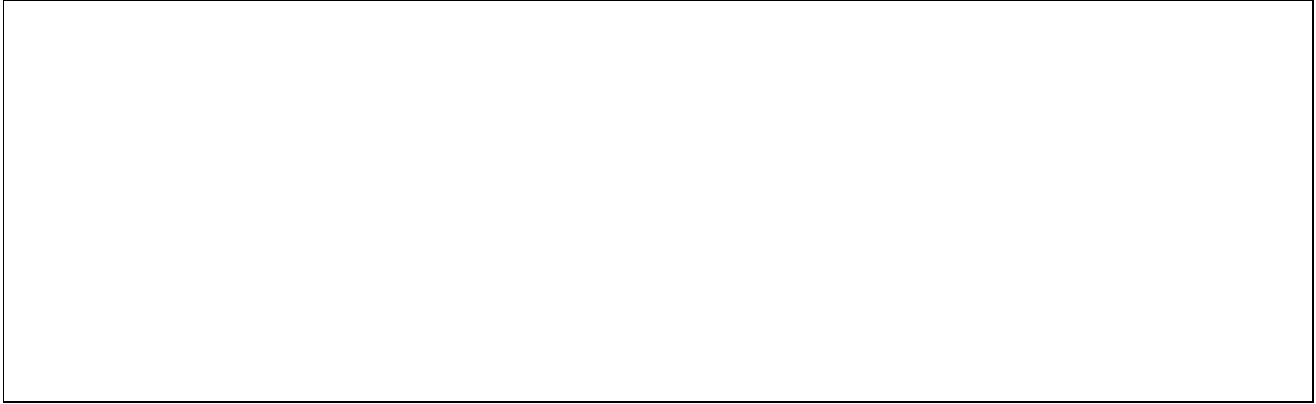


Why do energetics matter?

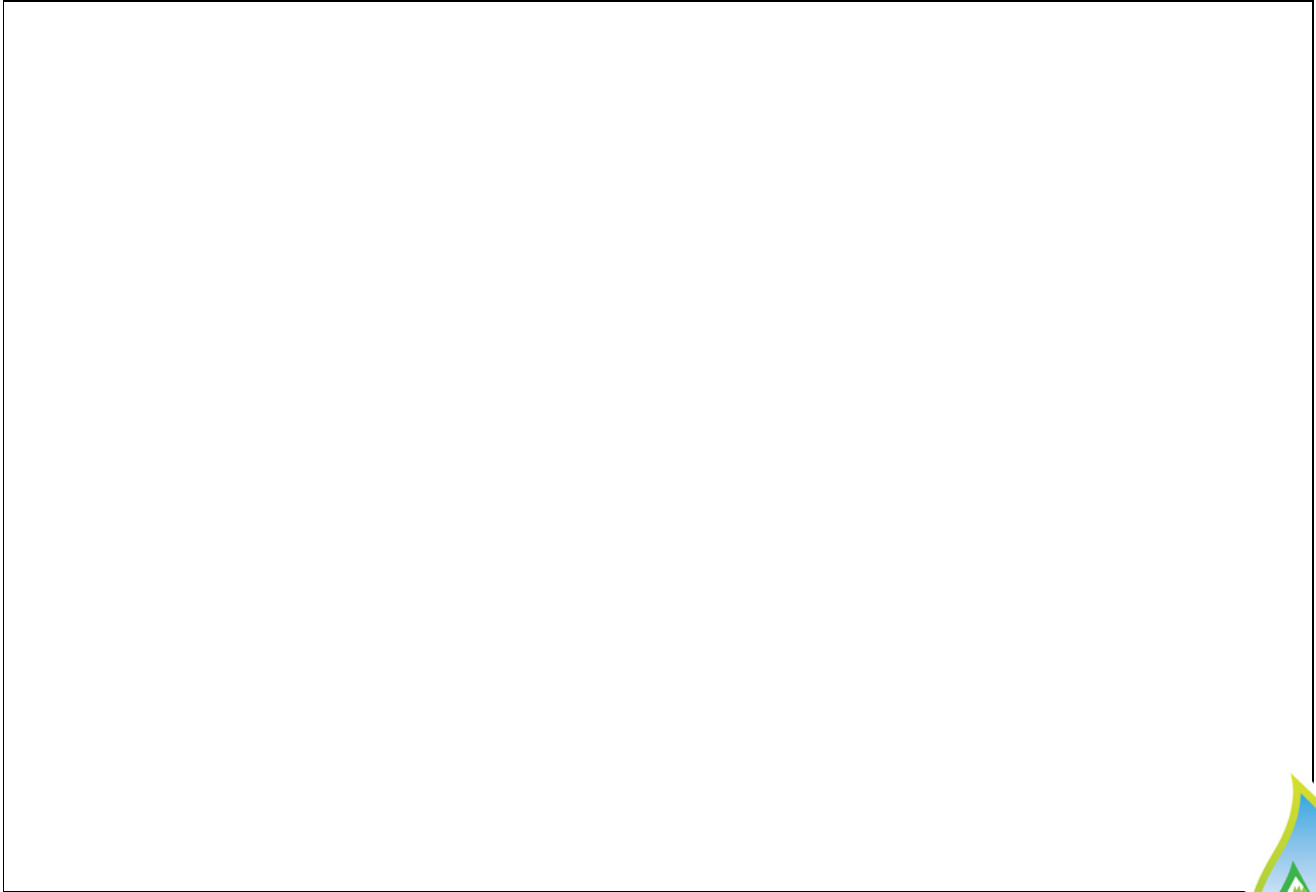
What does solubility mean?




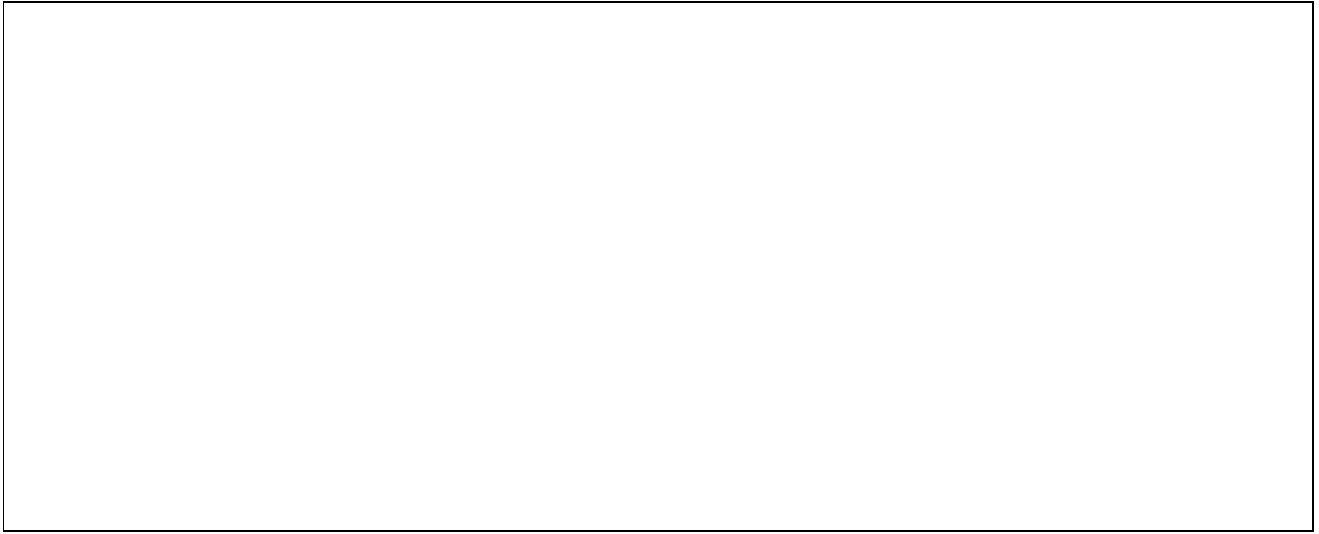
Why does alcohol percentage matter in tinctures?




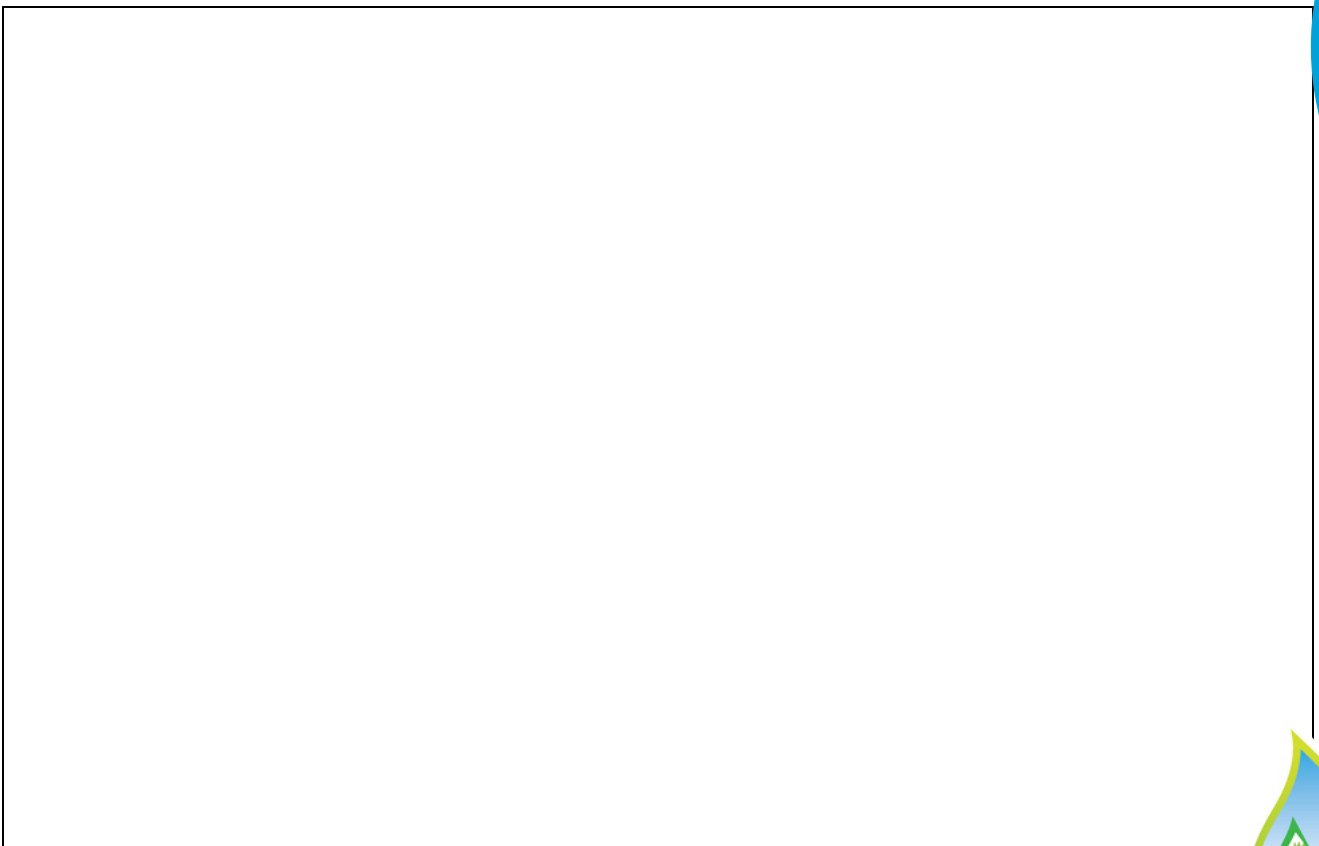
Use This Space To Break Down The Math & Calculate How Much Money You Can Save Your Family



What factors do you need to think about to make your remedies taste good?



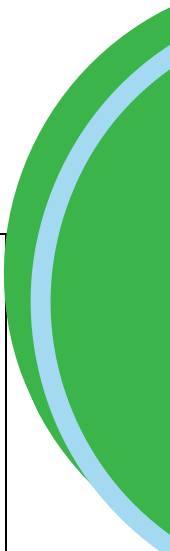
What herbs tend to taste the best?





What herbal menstruum can taste best for kids?

List the pros and cons of each of those menstruum.



Use this space for any extra notes or takeaways from this class.

A large, empty rectangular box with a thin black border, intended for taking notes or recording takeaways from the class.



YOU'RE ON YOUR WAY

Understanding natural remedies can be overwhelming and complex, but it doesn't have to be. The best way to get there is one plant, or one remedy at a time.

You're at an exciting point, as you begin to explore these plants, make some fun recipes, start taking your health and your power back, and stop stressing any time someone gets sick in your house.

If you'd like to dive deeper into using the herbs as medicine in a safe and effective way, for yourself and your family, I'd be honored to be a guide down your path.

Now is the time to join **Medicine Makin' Mommas**, where I'll take the overwhelm out of creating herbal remedies, for you.

Feel free to follow me, or reach out through the links below.

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THANKS

FOR MAKING HERBALISM

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WILD FLOWERS

